

Burney Street Practice Newsletter

www.burneystreetpractice.co.uk

We welcome you to the summer edition of our practice newsletter!

Staff News

We said farewell to Dr Jaspreet Bains who joined Burney Street in January last year. Due to relocating she has decided to leave the practice. This is a great loss to the practice and to our patients. We thank Dr Bains for all her hard work and contribution to the practice and wish her all the very best. We are currently recruiting for a GP.

We are delighted to welcome two new very experienced Practice Nurses to the team, Jenny McArdle and Audria Able. We now have a team of nurses offering appointments from 7am-6pm.

We also welcome Maxine Meech as our new Assistant Practice Manager, she replaces Ally Andrews who is off travelling. Bon Voyage Ally.

Chaperone Policy

We are committed to provide a safe and comfortable environment where patients and staff can be confident that best practice is being followed at all times and the safety of everyone is of paramount importance. During your care, a Doctor or Nurse may need to examine you. All patients are entitled to have a chaperone present for any examination or procedure where they feel one is required. A doctor or nurse may also request a chaperone but will always discuss this with you, and you may, of course, refuse.

Free NHS Health Checks

We offer NHS Health Checks to patients aged 40-74. This includes checking your blood pressure, cholesterol, and body mass index to identify your risk of being diagnosed with heart disease, diabetes or kidney disease in the next 10 years. That may mean lifestyle changes such as eating a healthier diet, cutting down on alcohol, or increasing the amount of physical activity that you do.

Patient Online Services

Have you thought about joining
Patient Online Services?

www.patientservices.co.uk

Download the App www.mygp.io/app

You can book appointments online saving you time on the telephone, order repeat prescriptions and view your medication history and allergies.

If you would like more information about this service and a registration form to join, please speak to a member of the reception team or take a look at our website www.burneystreetpractice.co.uk under the heading 'Patient Online Services'.

How Your Pharmacist Can Help

Your local pharmacist may be able to offer
help and advice on the following:

- Cough and sore throat
- Earache and backache
- Hay fever and allergies
- Period pain and thrush
- Cold sores, warts, verruca's and mouth ulcers
- Nappy rash and teething
- Head lice
- Constipation and diarrhea
- Eczema and allergies

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Smoking Advice Service

Our Smoking Advice Service is now up and running with Sharon Palmer our trained Smoking Advisor

Benefits of NOT Smoking

- Stopping smoking lets you breathe more easily
- Stop smoking gives you more energy
- Ditch the cigarettes and feel less stressed
- Quitting leads to better sex
- Stopping smoking improves fertility
- Stopping smoking improves smell and taste
- Stop smoking for younger looking skin
- Ex smokers have whiter teeth and sweeter breath
- Quit smoking to live longer
- A smoke free home protects your loved ones

Detriments of the Smoking Habit

- Bad breath and Bad taste in mouth
- Smelly hair and clothes
- Yellow and brown stains on teeth
- Lost athletic ability
- Damage to the respiratory system
- Addiction to nicotine
- Risk of other drug use
- Decreased lung capacity.
- Elevated heart rate
- Chronic cough
- Increased incidence of bronchitis
- Increased incident of asthma and more severe asthma

DNA—Did Not Attend Missed Unused Appointments

On average Burney Street Practice has approximately
81 DNA
appointments every week.

These are the appointments that have not been cancelled in advance, therefore could not be offered to another patient — unused appointments.



**Please be considerate
and cancel in good time
so that another unwell
patient can benefit.**

Patient Participation Group Meetings

**Future Meeting Dates for 2017
From 6pm at Burney Street Surgery
Wednesday 14th June—AGM
Wednesday 13th September
Wednesday 13th December**

This is a chance for all patients to meet other members of the patient group and practice staff and give your suggestions on how we could improve the service for you.

We are keen to continue making changes to improve our patient's experience of health care provided by this Practice.

Refreshments are provided.

Please let Jennifer Peters know if you would like to attend.